






Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Autumn, the year's last, loveliest smile - William Cullen Bryant</p> <p>A fallen leaf is nothing more than a summer's wave goodbye</p> <p>Autumn is a second spring where every leaf is a flower. - Albert Camus</p> <p>Hoodies, hot cocoa, boots, jeans, cuddling, crisp air, flushed cheeks. I live for autumn.</p>					1 Broccoli Beef w/Steamed Brown Rice & Edamame	2 Family Choice
3 Family Choice	4 Family Choice 	5 YC: Tomato Basil Soup w/Basil Pesto Grilled Cheese Sandwiches	6 Sheetpan Turkey Sausage and Roasted Veggies	7 Crockpot Stuffed Bell Peppers w/Fruit Salad	8 Chicken Tortelloni w/Basil Cream Sauce and Salad	9 Family Choice
10 Pot Roast and Veggies	11 Harvest Cobb Salad	12 YC: Grilled White Fish w/Green Beans	13 Sheetpan Fajita Chicken and Roasted Veggies	14 Crockpot Chili Cheese Potatoes	15 Pork Chops w/Sauteed Onions and Roasted Squash	16 Family Choice
17 	18 French Onion Soup	19 YC: Grilled Chicken w/Pico and Avocado Salsa, and Black Beans	20 Mealof Burgers w/Mashed Red Potatoes	21 Crockpot Skinny Creole White Beans & Chicken	22 	23 Family Choice
24 Chimichurri Flank Steak w/Corn and Plantains	25 Lettuce Wrap Tacos	26 YC: Homemade Runzas	27 Chicken and Rice Soup	28 Crockpot Red Beans and Rice	29 Chicken Estoufada	30 Family Choice