



Sunday

Monday


Tuesday

Wednesday

Thursday

Friday

Saturday

						1 Family Choice
2 Beef Fajitas w/Black Beans, Rice and Pico	3 Crockpot Broccoli Beef	4 YC: Sausage and Potato Skillet	5 Crockpot Chicken Marsala	6 Crockpot Taco Stuffed Bellpeppers	7 Chicken Tortelloni	8 Little Lady's bday 
9 Grilled Lemon-Butter Salmon w/Wild Rice	10 Columbus Day Crockpot Swiss Steak w/Mashed Sweet Potatoes	11 YC: Baked Penne w/Italian Green Beans	12 Chicken Tortilla Soup	13 Philly Cheesesteak Sandwiches w/Baked Beans	14 Aubz's Choir Concert Dinner Out	15 Family Choice
16 Pork Chops and Potato Casserole	17 BLTA's w/Baked Tots	18 YC: Pork Fried Rice w/Edamame	19 Ham and Bean Soup w/Cornbread Muffins	20 Crockot Bourbon Chicken w/Baked Beans	21 Out of Town	22 Out of Town
23 Tacos w/Refried Beans and Rice	24 Crockpot Beef on Rice w/Edamame	25 YC: Baked Ravioli w/Steamed Carrots	26 Black Bean Soup w/Cheese Quesadillas	27 Crockpot Portobella Chicken	28 Grilled Costillas w/Plantains and Avocado Salad	29 Family Choice
30 Monsterfoot Meatloaf w/mashed potatoes and green beans	31 Chili (Halloween Tradition!) 